



Summer Mountain Leader Training

Location – Glen Coe

Price – £300

Ratio – 1:6/1:4

Length – 6 Days

Dates – 9th – 14th April 2012 + 7th – 12th May 2012

Course Introduction

The Summer Mountain Leader Award is the bench mark qualification for people wishing to lead others in the Mountains of the UK. To be eligible for a place on the course you must have registered on the Mountain Leader Scheme, for more information on this please see www.mltuk.org



Who is the course suitable for?

The mountains of the UK are remote, technical and exposed to harsh and unpredictable weather. This makes them a hazardous place for novice walkers and the ML is designed to help responsible leaders who wish to operate in mountainous terrain in summer conditions. ML courses develop your group management skills, the ability to navigate in all conditions, the ability to deal with mountain hazards (including steep ground) and increase your awareness of environmental issues. There is an expedition element to the scheme. The Mountain Leader scheme is overseen by Mountain Leader Training UK (MLTUK).



What does the course cover?

The course follows the MLTUK syllabus and comprises full practical days out in the mountains and evening lectures.

Sample Programme

Day 1 - Introduction to the week and what is expected of a Mountain Leader and an introduction to navigation techniques. We will be out and about on a local hill and in the evening there will be a ropework session.

Day 2 - A steep ground day, concentrating on skills that are required to safely use a rope in unplanned situations. In the evening there will be a presentation on mountain weather and our understanding of what we need know about it as an ML.

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Day 3 - Our journey and leadership day. Today we will be looking at route choice and group management in various types of terrain. In the evening there will be an opportunity to ask plenty of questions during our "What Comes Next" session, and how best to prepare for assessment.

Day 4 - In the morning we'll cover Emergency Procedures, Mountain Rescue and Medical Emergencies followed by a wet session in the afternoon with a River Crossing workshop. There will be a discussion on The Outdoor Access Code and what it means to us before having the rest of the evening off to pack for our expedition.

Day 5 & 6 - An overnight camping expedition with a focus on environmental input and navigation. There will usually be a night navigation exercise. Course will finish by around 5pm.

General Information

What about accommodation?

The course cost does not include accommodation or food but if you would like some pointers to some good accommodation please just drop us a line the Glen Coe area has something to suit all tastes and budgets!

Where is the course held?

I offer this course in conjunction with Bill Strachan (MIC) 'Scotch on the Rocks Guiding' and it is based out of Inverness or Fort William/Glen Coe dependant on dates. Please see top of page for dates and location.